



Patient Instructions Following Root Canal Therapy/Crown Preparation

- Root Canal treatment can take 1, 2 or 3 appointments depending on each case. It is possible to experience any of the following **symptoms after any one of these appointments: sensitivity to hot and/or cold; sensitivity to pressure; possible swelling.**
- It is difficult to predict which symptoms, if any, you may experience and to what extent. In complicated cases, antibiotics and pain medication may be necessary.
- During root canal therapy the nerve, blood and nutrient supply to the tooth is removed. This will cause the tooth to become brittle and prone to fracture.
- If a temporary filling may is used to seal the tooth between visits. This material may chip away before you return; if this is uncomfortable for you call our office and we can replace it.
- A temporary tooth-colored restoration has been placed to protect the tooth (teeth) while your new restoration is being made. **Avoid heavy chewing, sticky foods, and floss while wearing your temporary.** If it does come off before your next appointment, simply pop It back in and call our office immediately.
- The use of temporary cement is for easy removal on your next appointment. If your temporary comes off between appointments, if possible, slip it back on and call us for an appointment.
- Many crowns fit below the gum line; therefore, you may experience some discomfort for a few days due to the irritation of that area during the procedures. Sensitivity to cold or pressure is also possible.
- **After the anesthetic wears off, it may take a few days to get used to the provisional temporary crown or bridge.** If you feel the bite is not correctly balanced, be sure to call our office immediately for a simple adjustment.
- **Proper care includes BRUSHING and FLOSSING a minimum of twice daily.** Proper maintenance will not only prolong the life of the restoration but will also help to prevent problems elsewhere in your mouth.

Congratulations! You are well on your way to better dental health by electing to have Root Canal therapy. **Please call us at (972) 668-3680 if you have any questions regarding your surgery or healing.** At Advanced Smiles, we care about you and want you to be as comfortable as possible.

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